



DATE: April 9, 2025

TO: Obion County 4-H Camper Parents

FROM: Julie Harstin and Sarah Williams, 4-H Agents - Obion County *JH SW*

RE: 4-H Junior Camp: June 2-6, 2025

Congratulations on signing your camper up for one of the most exciting weeks of the summer! To best prepare for this week, please read this letter carefully, and should you have any questions, please feel free to contact us. If your child has a special need or food allergy, please contact us immediately, so we can attempt to make accommodations.

F600A and Medical Forms – Due by Thursday, May 15th.

Please scan and email to jharstin@utk.edu or bring by the office at 302 S. 3rd St., Union City, TN 38261.

Departure and Return

Our 4-H Camp is the 4-H & Youth Development Center at Lone Oaks Farm in Middleton, TN. There are security cameras located on the grounds for the safety and security of those on-site, but they are not located in places that would be invasive to one's privacy (bathrooms, sleeping rooms, etc.).

- We will be departing from the Obion County Fairgrounds on Monday, June 2nd.
- Please arrive at the Obion County Fair Junior Building, 300 S. Sunswept Dr., Union City, by 7:00 a.m.
 - Campers will go through head lice check and medication check-in before boarding the bus.
 - Leave all luggage in the car until your camper receives his/her nametag, indicating that check-in is complete.
 - Wait for instructions to load luggage on the 4-H trailer and to board the bus.
 - Take any waiting time for a bathroom break; this will be a 2 1/2-hour ride with a bathroom break around the middle of the trip.
- Arrive back at the Obion County Fairgrounds at 12:15 p.m. Friday, June 6th.
 - No child will be released to anyone other than the person who dropped him/her off unless we have been notified ahead of time.
 - We will be checking identification before releasing the campers.
 - If you need another adult to pick up your child, give us that person's name at check-in.

Camper/Parent Meeting

We will conduct a Camper/Parent meeting to provide you with all the information you need about 4-H camp! This meeting is set for **Monday, May 19th at the Obion County Fair Junior Building (next to the Rescue**

Squad) from 6:00 – no later than 7:00 p.m. We encourage all campers and parents to attend so they can be ready for the best camp week possible!

Activity and Event Acceptance Form (f600A)

- Please complete the 4-H Activity and Event Acceptance Form (f600A) and email it to Julie Harstin at jharstin@utk.edu or bring it by the office. It is available to download on the camp registration website.
 - Nobody goes to camp without one.
 - Forms are due no later than Thursday, May 15th.
 - The purpose of the form is:
 - Promise that the child will behave well or parent/guardian will pick the child up.
 - Provide parent/guardian contact information.
 - Give permission for the child to receive medical care if needed.
 - Give necessary medical information about the child, in case of emergency.
 - Give permission for the child to be photographed and have pictures published (optional; let us know if you don't give that consent).
 - The form requires:
 - A photo of the camper
 - A copy of both sides of his/her insurance card (if he/she has one).
 - Signatures of BOTH camper and parent/guardian.

Head Lice Check

- Prior to loading the bus, all campers will be checked for head lice and nits (lice eggs) by a professional.
- If a child is noticeably sick, or has head lice or nits, that child will not be able to go to camp.
- Check your child for lice now. It is difficult to get completely rid of lice and nits. Check with the Health Department for more information if you find them.

Medications

- ***It is strongly recommended that behavior modification medicine be continued during 4-H camp week. The newness of the camp environment can aggravate any difficulty your child may have.***
- A medication form (F600M) is available for download on the camp registration website. Please be sure to fill it out completely and correctly if sending medicine.
- All medicine must be labeled in its original container with the child's name, proper dosage, and schedule. Please only include the amount of medicine the child needs for the week.
- The medication form must include every medicine you are sending, *including over-the-counter medications*.
- When we leave for camp, you may turn in the medication form in a ziplock bag with the camper's medicines and his or her name on the outside of the bag.
- The medicines will be given to our camp nurse and kept in a locked cabinet until it is time to give them. She will administer daytime medications, and one of your 4-H Agents will give the night ones.
- If your child needs access to their Epipen or inhaler, a leader will carry it for them throughout the week. We rotate by cabin, so it is not difficult for your child to know who has their medicine.
- Please list all medications on the f600A form, so we will know to expect medicines at check-in.



Phone Policy

- *Cell phones and other electronic items such as tablets are strictly prohibited.*
- This is a state 4-H camp policy.
- A phone is available at camp should your child need one.
- We will try to help your camper find a friend and get into the fun before they call home with homesickness.
- No news is good news. If you don't hear from him/her, your child is healthy and having fun.
- Check-in calls from parents are not possible at camp.
- In an emergency, use the camp number (below), and we will locate your child for you.
- During some times in the schedule, we may be far away from the camp office, so we will call you back as soon as we get a message from the Camp Administrative Assistant.

Spending Money

- We suggest (but don't require) that you send your camper some spending cash; \$30-50 are recommended, but no more.
- Campers can purchase snacks and soft drinks at the canteen (all meals, including seconds, if desired, are included in your camp fees).
- The other place a camper can make purchases is the craft shack. Craft kits are \$1-10 per item.
- We suggest you send small bills to encourage your camper to conserve their money during camp.

Letters or Care Packages from Home

- While kids are away at camp they may enjoy getting mail from home.
- We recommend you send mail as soon as May 28, and no later than June 4.
- Mail needs to be sent to:

Your Child's Name
Obion County
4-H & Youth Development Center at Lone Oaks Farm
630 New Hope Road
Middleton, TN 38052

We're all incredibly excited about the activities planned for our week of camp! Should you have any questions or concerns, please feel free to contact us. We look forward to seeing you at our Camper/Parent meeting on May 19th!

To receive text message reminders about 4-H camp, text @oc4hcamp25 to the number 81010.

What to Bring to Camp (label everything with child's name):

Twin-size sheets and blanket, or a sleeping bag
Pillow
Towels and washcloths
Athletic shoes and socks
Sunblock
Insect repellent
Old shoes for creek stomping – these must be closed-toe and heel.
Plastic bag for dirty and wet clothes
Soap, toothbrush, toothpaste, deodorant
Comb, brush, hair dryer (optional)
Swimwear
Light jacket and/or raingear
Flip flops for pool and shower
Flashlight (optional)
Personal spending money
Costume, instrument, etc. for 4-H Camp Talent Show

What NOT to Bring to Camp:

Cell phone
Electronics, including handheld gaming consoles
iPods or CD/DVD players
Expensive or dangling jewelry (small post earrings are ok; necklaces and large loops are not)
Chewing gum
Fireworks
Pocket knives
Roller skates
Skateboards
Weapons
Anything not allowed at school
Anything dangerous to you or others

Camp Dress Code:

- Shirts and shoes (crocs and sandals are OK) are required.
- Nothing may be worn on the head in the cafeteria.
- No short shorts; fingertip length is allowed.
- Swimsuits are required at the lake (no cut-offs). One-piece or modest two-piece suits are allowed.
- Tops must have straps at least one inch wide. No bare midriffs or shoulders are allowed except at the lake and while in transit there.